

# Build up to Olympics Continues as Melville Earns 10<sup>th</sup> USA National Title

For Immediate Release  
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**Miranda Melville** (USA) won USATF 15K Women's National Race Walking Championships Cup in Riverside California.



(05/15/2016, *Rush NY*) For the 5<sup>th</sup> consecutive year, Miranda Melville has won the USATF 15K senior women's National Race Walking Championships in Riverside California. Her win came just 1 week after she raced at the World Race Walk Team Championships in Rome Italy where she was the top American finisher, # 38 out of a field of 105, in the women's 20k race walk.

This is Miranda's **10th National Title**. She said, "I was still tired from traveling and racing in Rome last weekend and I have also been battling a cold, so I am just happy to be feeling better. The 15km is always well organized and a fun race to do, and now it is time to focus on Olympic Trials".

Next on the itinerary for the Women's Sports Foundation and Rochester Amateur Athletic Federation Grant recipient, is USA Olympic Trials on **June 30<sup>th</sup>** in Salem OR with medals awarded on July 1st in Eugene OR at historic Hayward Field.

Coach and 2 x Olympian Tim Seaman said, "after being away for almost 3 weeks the 15k Nationals was a great way to kick start training for the Olympic Trials and for the Olympic games in Rio. Now all of our focus will be put toward solidifying Miranda's spot on the US team and excelling in Rio."

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